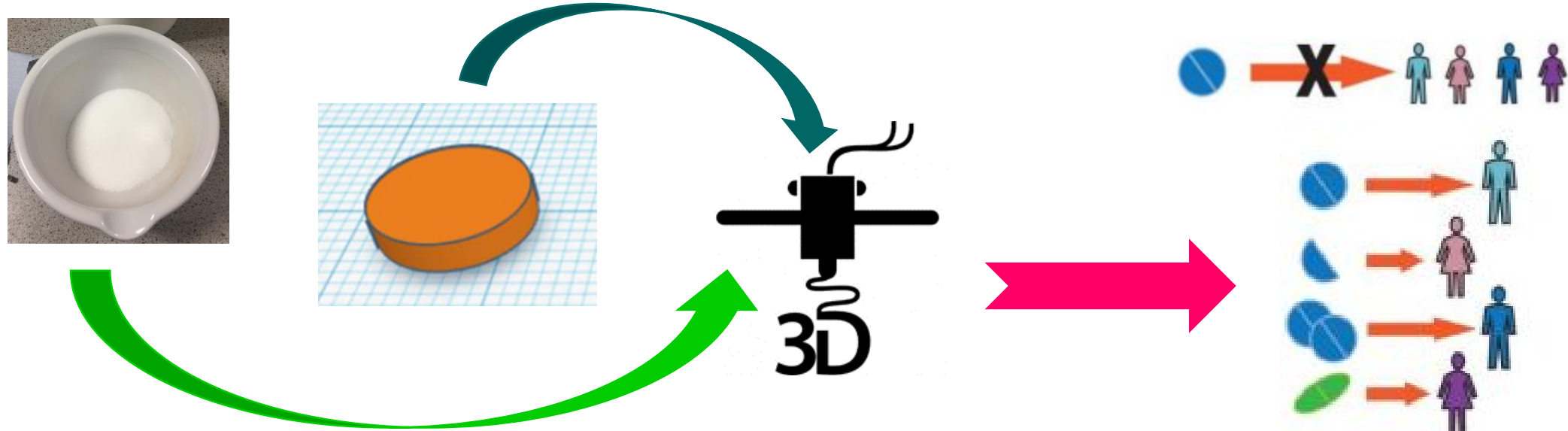


Introduction

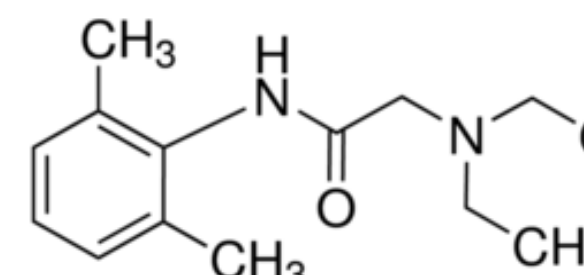
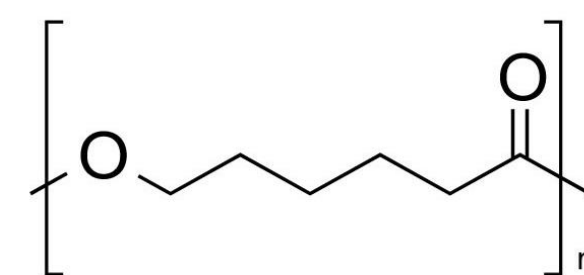
The often required frequent administration of multiple medicines to patients is sometimes inconvenient and their compliance can be compromised¹. Personalized implants can offer a solution and 3D printing a novel method of manufacture of such systems².



This work focuses on the fabrication of personalisable 3D printed lidocaine (LDC) loaded polycaprolactone (PCL) implants using an extrusion-based 3D printer. Here, the frequency of drug administrations could be decreased, as the implants could remain in the human body for long periods releasing the drug at a predetermined rate and profile.

Experimental Methods

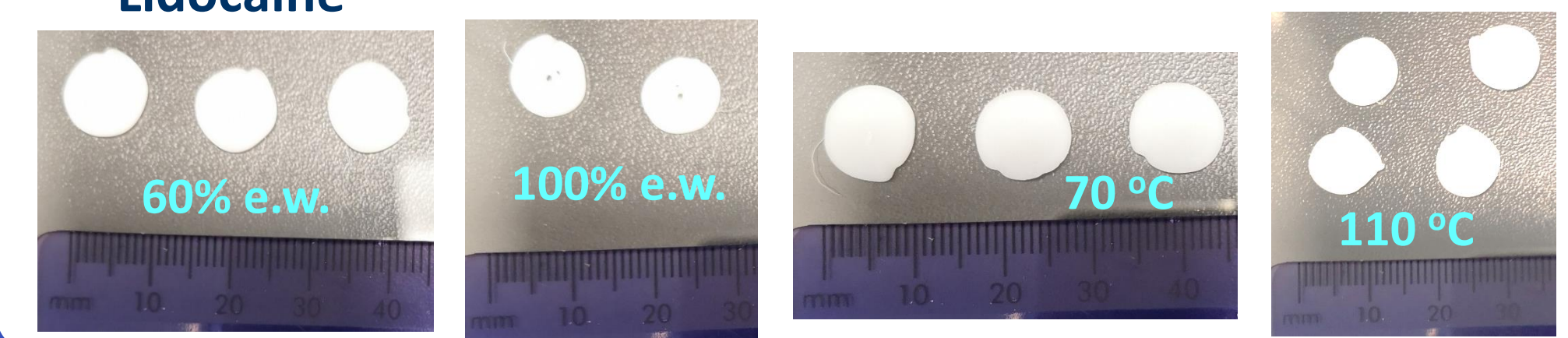
3D printing of PCL-LDC 30% implants with different settings



Disc-shaped implants were printed with different extrusion widths (e.w.) and print temperatures in order to optimise printing parameters.



Extrusion-based 3D printer



Results and Discussion

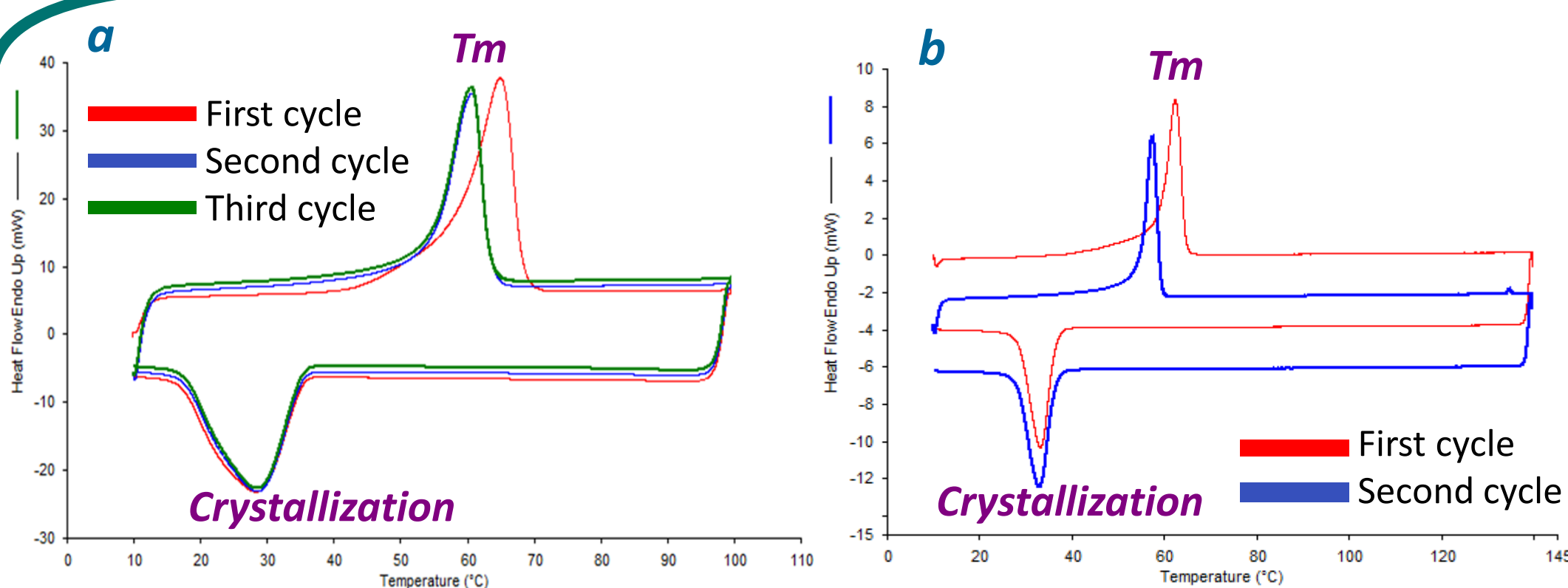


Figure 1: (a): DSC behaviour of PCL before 3D printing, (b): DSC behaviour of PCL after 3D printing at 70 °C with extrusion width 100%.

The temperature and the different extrusion widths applied during the 3D printing did not affect the thermal properties or the crystalline state of the polymer and the drug.

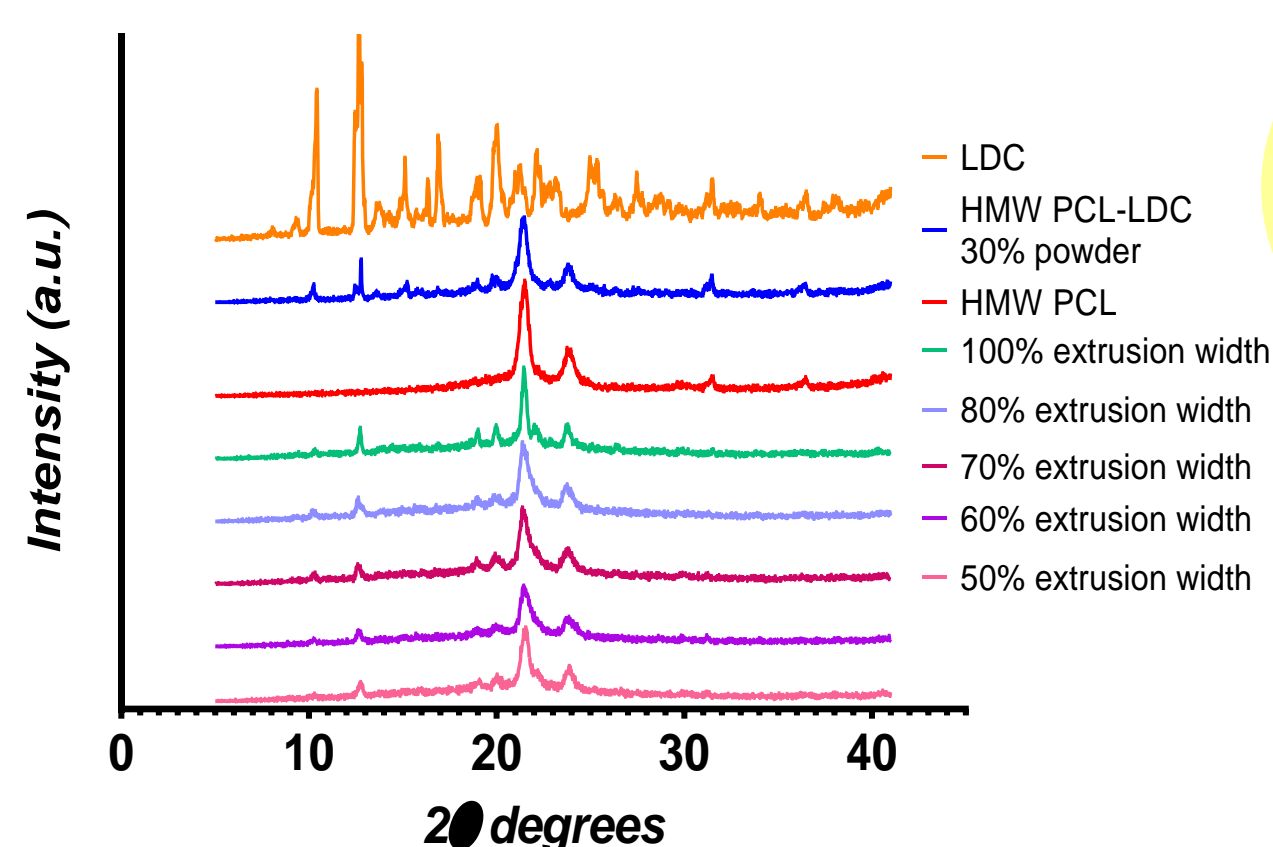


Figure 2: XRD diffractograms of PCL-LDC 30% powder before 3D printing and 3D printed implants with different extrusion width.

Characterizations of 3D printed PCL-LDC 30% implants

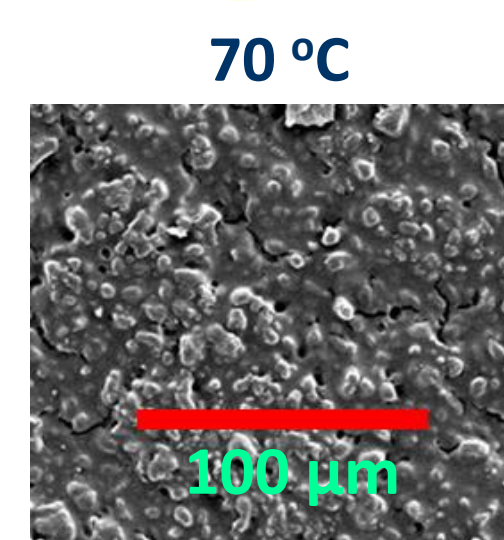
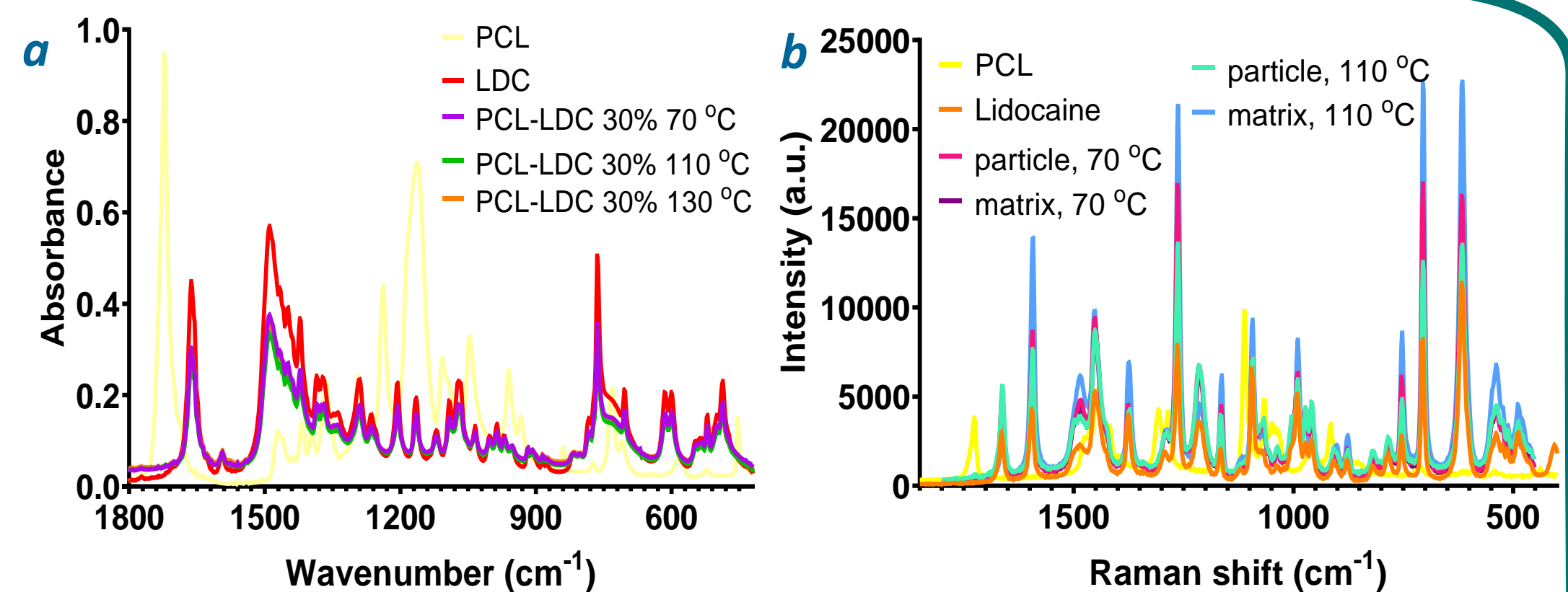
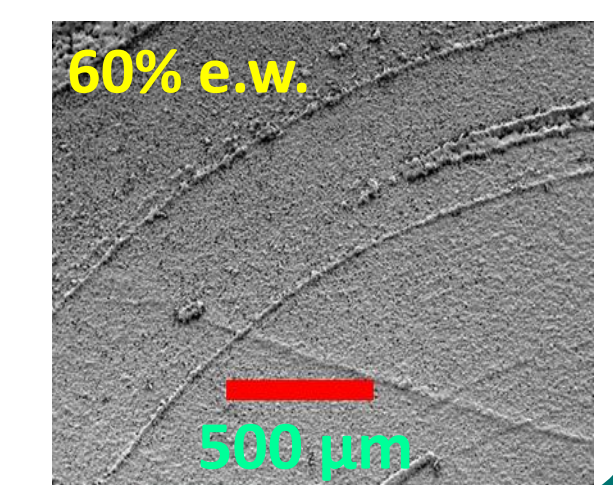
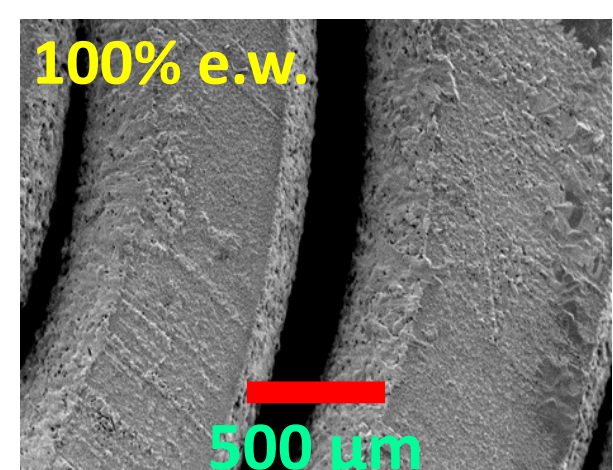


Figure 3: (a): FTIR spectra of implants printed at 70, 110, 130 °C, (b): Raman spectra of implants printed at 70 and 110 °C.



The gap size between the printed lines of the 3D printed implants decreased towards zero as the extrusion width decreased.

The size of the particles on the surface (matrix) of the 3D printed implants decreased as the print temperature increased.



In vitro drug release studies using a Flow-Through Cell Dissolution Apparatus (USP4)

Lidocaine release after 4 days 110 °C, 35 ml/min

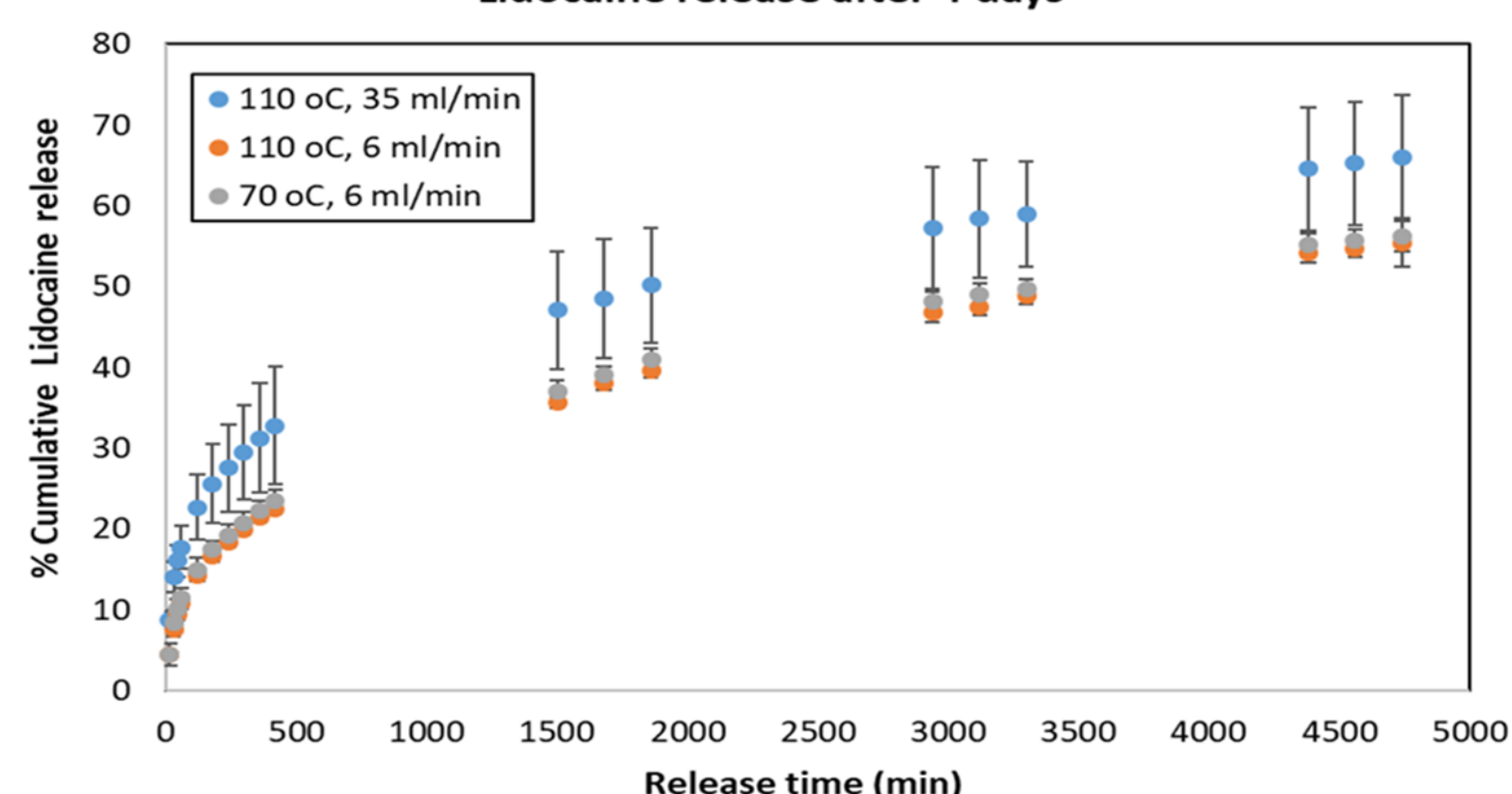
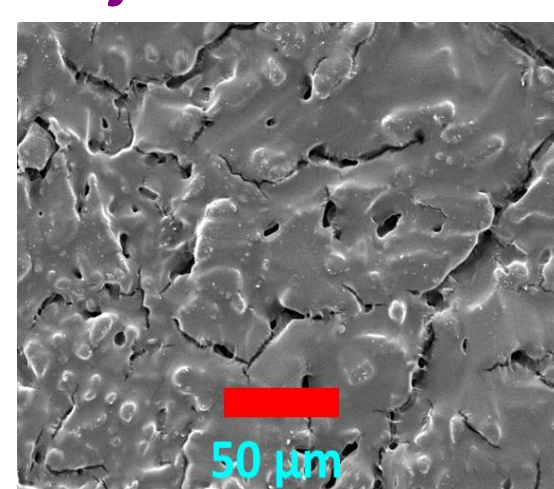


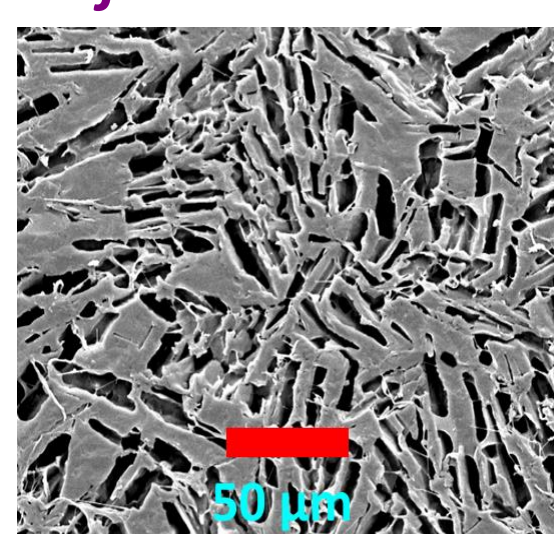
Figure 4: Release profiles of implants printed at 70 and 110 °C with different medium flow rates.

The holes on the implants matrix indicate that the drug release mechanism is diffusion related.

Before dissolution



After dissolution



Conclusions

- The manufacture of polymeric drug eluting implants using a solvent-free method, without the addition of excipients at a relatively low printing temperature with an extrusion-based 3D printer is feasible.
- PCL and LDC are in a largely crystalline state pre and post 3D printing.
- There is no chemical modification or interaction between the two compounds in the produced implants.
- Sustained drug release has been achieved with the 3D printed formulations.

References

1. Sandler, N. and Preis, M. (2016) 'Printed Drug-Delivery Systems for Improved Patient Treatment', Trends in Pharmacological Sciences. Elsevier Ltd, 37(12), pp. 1070–1080. doi: 10.1016/j.tips.2016.10.002.
2. Aquino, R. P. et al. (2018) 'Envisioning smart and sustainable healthcare: 3D Printing technologies for personalized medication', Futures. Elsevier Ltd, 103(March), pp. 35–50. doi: 10.1016/j.futures.2018.03.002.